

Meet the AVSP Racquet Sports Staff

Jennifer Douglas, *Racquet Sports Director*

jdouglas@ashburnvillage.org

USTA 4.5 rated; USPTA member; LTL and NOVA league captain/player; over 10 years of marketing and management experience.

Ken Whitaker, *Director of Adult Development*

kwhitaker@ashburnvillage.org

USTA Lifetime Member; USPTA certified tennis professional teaching since 1983; previous experience as Head Tennis Pro at Chapel Hill Country Club and Benvenue Country Club.

Patrick Sloyan, *Director of Junior Development*

psloyan@ashburnvillage.org

USPTR certified tennis professional with competitive tennis experience in the Mid-Atlantic region since elementary age; #1 ranked player Mid Atlantic 2008 Men's 40 singles; previous experience as Head Pro and Director of Tennis at Loudoun Sport and Health.

Branden Beets, *Director of USTA Development*

bbeets@ashburnvillage.org

USPTA P1 certified tennis professional teaching since 1998; graduate of Virginia Tech University; previous experience as Teaching Pro at International Country Club, Chantilly International Tennis and Sudley Club.

Albert Asiedu-Ofei, *Tennis Professional*

coachalbert@ashburnvillage.org

USPTA P3 certified tennis professional; played at Hampton University on full scholarship; previous experience as Head Tennis Pro at Loudoun Golf and Country Club.

Ashburn Village Turkey Leg L5 Tournament

Nov 20-22, 2009 • JD #302903309

BG (16, 12, 8)s, FMC

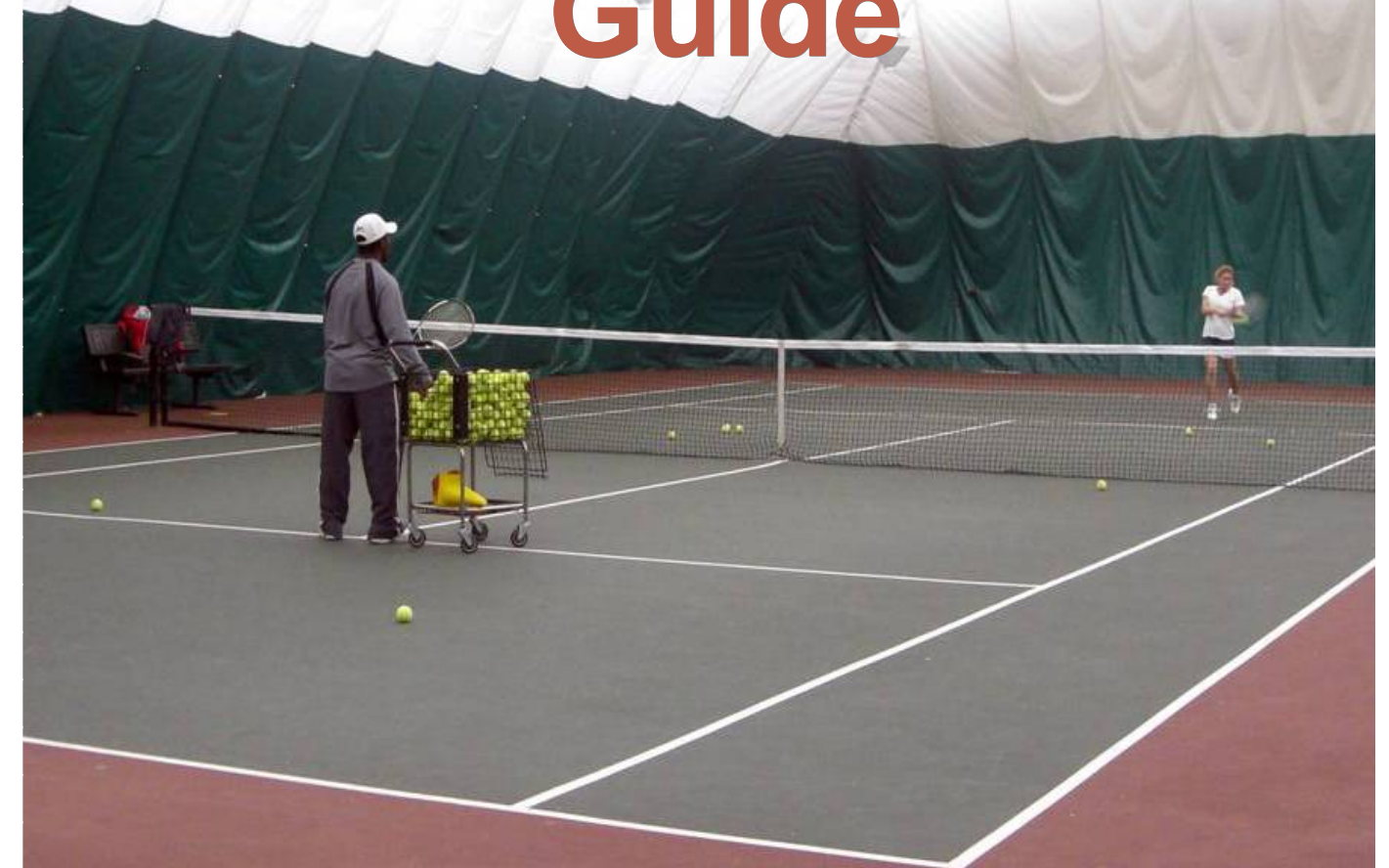
www.usta.com/tennislink

Ashburn Village Sports Pavilion
20585 Ashburn Village Blvd
Ashburn, VA 20147
703-729-0581

Sign up to receive emails about upcoming tennis programs by visiting our website at:

<http://avsp.squarespace.com/sign-up-for-email-blasts>

Ashburn Village Sports Pavilion Tennis Program Guide



**Fall Indoor Season
October-December 2009**





Welcome to the AVSP Tennis Program

Whether you're new to tennis or looking for a place to play competitively in a league, AVSP has a program to get you on the court. Tennis is a great workout in a fun, social environment and the AVSP staff strives to make your experience on the court nothing but the best.

You'll find a variety of adult and junior tennis instruction for all levels—from beginner to advanced tournament players. If you're not sure which class is best for you or your child, please speak with the Racquet Sports Director before enrolling.

Hours of Operation— Indoor Courts

Monday—Friday 5am-10pm
Saturday—Sunday 7am-8pm

Non-Resident Tennis Memberships

Don't live in the Village? Purchase a Non-Resident Tennis Membership (NRTM) and get access to the best tennis instruction in Loudoun County. A NRTM is required to participate in any AVSP sponsored tennis program. For more information or an application call the AVSP front desk at 703-729-0581.

NRTM Rates (per year expiring 8/31/2010):

Family	\$300	Junior	\$100
Adult	\$150	Pee Wee	\$50

Inclement Weather Policy

Cancellations are made at least one hour prior to class time. Please call the AVSP front desk at 703-729-0581 for inclement weather information. For private or small group lessons, please contact your Tennis Pro directly.

Racquet Repair

AVSP offers professional racquet stringing and grip replacement. Drop-off and pick up racquets at the front desk.

Labor Only	\$18
Labor & String	\$35 (pro-premium) \$30 (mid-grade) \$25 (economy)
3-5 Day Turnaround	\$5 additional
48-Hour Guaranteed	\$10 additional
Over-grip	\$3
Re-grip	\$9

Private/Small Group Instruction

To request a private/group lesson you may contact a Tennis Pro directly or call the Racquet Sports Director at 703-729-0581 x111.

	Resident	NRTM
1-player	\$67	\$73
2-player	\$40	\$43
3-player	\$28	\$30
4-player	\$22	\$25
5-player	\$20	\$23
6-player	\$18	\$21

Tennis Reservations— Indoor Courts

Make indoor court reservations by calling the AVSP front desk at 703-729-0581 x0. Court reservations are available to Ashburn Village residents and NRTMs only. **Guests must pay a \$10.00 guest fee.** All players must check in at the Front Desk. Junior players under age 15 should be supervised by an adult while on the tennis courts. The following court reservation types are available:

Spot Time:

Residents may reserve courts 8 days in advance (7 days for NRTMs). Courts cancelled within 24 hours are subject to 100% of the court fees. Rates are per court, per hour.

	Resident	NRTM
Early Bird 5-8am (M-F)	\$18	\$24
Standard 8am-10pm (M-F)	\$26	\$32
7am-8pm (Sat-Sun)	\$26	\$32
Seniors 2pm-3:30pm (M-F)	\$17	\$23

Same Day:

If a player books an available court AFTER 6PM THE DAY BEFORE PLAY, they are eligible to receive 30% off their court time. There is no penalty for cancellation.

	Resident	NRTM
Early Bird 5-8am (M-F)	\$14	\$17
Standard 8am-10pm (M-F)	\$19	\$23
7am-8pm (Sat-Sun)	\$19	\$23

Contract Time:

Contract time is booked for full or for half of the indoor season. Contract is not subject to change once the application is accepted.

	Resident	NRTM
Early Bird 5-8am (M-F)	\$15	\$20
Standard 8am-10pm (M-F)	\$18	\$24
7am-8pm (Sat-Sun)	\$18	\$24

Questions?

If you need help finding the right program for you, feel free to ask! We are happy to offer free evaluations to determine playing levels and/or help you choose the right kind of program. Contact us at tennis@ashburnvillage.org or call Jennifer Douglas, Racquet Sports Director at 703-729-0581 x111.

Adult Tennis Programs Fall Indoor 2009

Adult Tennis Programs Con't

Junior Tennis Programs Fall Indoor 2009

Resident registration for adult programs is the 15th of each month. NRTM registration is the 20th of each month. Sign up is available in person at the AVSP front desk for monthly programs. Drop-in sign ups are allowed by phone up to 24-hours before class time. Junior tennis registration occurs at least one month prior to the first class (residents get at least one week priority registration).

Instructional Tennis NOW (Adult Beginners)

Learn the fundamentals of tennis strokes, scoring, and etiquette. Our instructors will make you feel comfortable as you learn a great new sport. This is a true beginner class!

Skills & Drills (Men/Women 2.5 Level)

Learn to hit groundstrokes, volleys, serves, and overheads with an intro to doubles. This class is great for students who have outgrown the TennisNow class and are ready to put their strokes together in actual play situations.

Skills & Drills (Men/Women 3.0 Level)

Improve consistency of groundstrokes and serve and learn shot selection, placement and setting up a doubles point.

Skills & Drills (Men/Women 3.5/4.0 Level)

Learn how to get more power and topspin on your shots. Work on shot variety and how to be a more effective player. This is a great class to learn shots you haven't used before. Plus, you will learn the strategy and execution of these shots in doubles points.

USTA Team Practice (2.5-4.5 Men/Women)

Team practices will continue at each USTA rating level in the Fall and Winter indoor seasons. In practice we prepare for the competitive Spring USTA season. It's a good place to try a new doubles partnership and hone your strategies. The focus is on learning to win matches point by point. Participation in a Team Practice at a higher rating requires instructor approval and is based on space availability. Please contact Branden Beets at bbeets@ashburnvillage.org if you have questions about which practice is best for you.

Cardio Tennis (Men/Women ALL Levels)

Worry less about your strokes and more about working hard and burning calories! This **drop-in** class is the ultimate, high energy workout designed around tennis drills that keep you moving.

Competitive Fall Flight Sign Up (Mixed/Men/Women 2.5-4.5)

Fall Flights are available for every level of player from 2.5-4.5 for men, women, and mixed doubles teams. Flight play begins the week of October 12 and runs 10-weeks (with the exception of the mixed flight which has a shorter season). The Fall Flights are competitive and a winner will be awarded for each flight. To register, complete the registration form and turn it in between September 14-September 21.



Social Tennis Social (Men/Women ALL Levels)

An evening of social tennis with a hint of professional help! Bring your friends and adult family members to share in the fun. Get to know some new tennis players and bring a dish to share. AVSP will provide drinks. Socials will be added to the tennis program schedule on a regular basis.

Pro's Choice (See Monthly Schedule)

A fun Friday night class where the theme changes every time! Check the tennis schedule at the bulletin boards for a listing of Pro's Choice events ranging from Ladies Round Robin to Men's Singles Challengers and College Playoffs. To get notices by email, be sure to sign up for our regular email announcements. Email us at tennis@ashburnvillage.org to request to get added to our list.

Instructional Junior Academy (Ages 4-18)

Junior Academies are broken down by level to offer distinct programs for a range of players. Classes feature special drills and games for the very beginner to high-intensity training for more competitive team players. Each class emphasizes fun and encouragement while ensuring serious players get quality, personalized instruction.

Tournament Training Program (TTP)

The tournament training program (TTP) is an intense, two-hour session focusing on strategy, footwork, & conditioning. The fast-paced drills emphasize point construction and smart match play. It's designed for varsity high school players and serious tournament players. Approval is required to enroll in this program.

Competitive Jr. USTA Team Tennis

Team tennis connects juniors together to play singles & doubles matches with other players in the local area. Most matches are on weekends. This is a great introduction to competitive play. To find a team contact AVSP's Director of Junior Development by email at psloyan@ashburnvillage.org.

Not sure which Junior Academy class is right for you?

Contact Patrick Sloyan at psloyan@ashburnvillage.org for a free 15-minute evaluation!



Find us on the web at:

www.ashburnsportspavilion.org