



Run Fast. Run Smart. Run Hard.

Ashburn Village 10K, 5K, & 1 Mile Fun Run

Sunday, April 26th, 2009

EVENT REGISTRATION

On-line registration is available at http://www.active.com/event_detail.cfm?event_id=1689246. Online Registration ends April 22nd. Race fees increase after April 10th. Registration forms can also be turned in at or mailed to the Ashburn Village Sports Pavilion at 20585 Ashburn Village Blvd., Ashburn, VA 20147. Checks can be made out to AVSP. Send registrations c/o Ashburn Village Race.

PROCEEDS

All race proceeds will be donated to the Ashburn Volunteer Fire Department.

FEES

10K Ashburn Village Residents: \$30
10K Non-Residents: \$35
10K After April 10: \$40

5K Ashburn Village Residents: \$25
5K Non-Residents: \$30
5K After April 10: \$35

Fun Run Ashburn Village Residents: \$8
Fun Run Non-Residents: \$12
Fun Run After April 10: \$15

RACE SITE AND NEW COURSES

The race site is at the Ashburn Elementary School at 44062 Fincastle Drive, Ashburn, VA 20147. The start and finish for all events is in front of the school. The 10K starts first at 8 am, then the 5K at 8:10 am, and the fun run begins at 8:20 am. New courses for the 5K and 10K have been certified. The courses loop down Ashburn Village Boulevard and through scenic Ashburn Village. There is no more than a one percent grade incline at any time. Course maps will be available for download at www.ashburnsportspavilion.org.

AWARDS

The fastest three men and women overall in both the 5K and 10K will receive awards. The first man and woman in both races in each of the following age groups will get an award: 12 and under, 13-19, 20-29, 30-39, 40-49, 50-59, and 60 and over. Awards will be given to all children age 12 and under.

NEW CHRONOTRACK TIMING AND SCORING

Transponder timing operated by Capital Running Company will be used to score the 5K and 10K races. The system uses a computer "tag" which must be tied to each runner's shoelaces and records the exact time a runner crosses the starting line and the finish line, resulting in a net time for each runner. The tag is disposable. Overall awards will be based upon clock time and age group awards will be based upon transponder times.

PACKET PICK-UP AND LATE REGISTRATION

Race packet, t-shirt pick up, and late registration will be from 5-8 pm on Friday, April 24th and from 2-5 pm on Saturday, April 25th, at the Ashburn Village Sports Pavilion located at 20585 Ashburn Village Blvd. On race day, you may register and pick up race packets from 7 to 7:45am at the Sports Pavilion. Please register in advance to avoid the lines.

DIRECTIONS FROM THE BELTWAY ROUTE I-495

Take VA Route 7 west towards Leesburg for nearly 16 miles. Turn left onto Ashburn Village Blvd and go about a mile and a half to the Ashburn Elementary School and another quarter mile to the Sports Pavilion. We are only 10 minutes from Dulles Airport.

ADDITIONAL INFORMATION

Sponsor, volunteer, parking and more information will be continuously updated on the web at www.ashburnsportspavilion.org.

First Name: _____ Last Name: _____ Date: _____

Address: _____

City: _____ State: _____ Zip: _____ Telephone: _____

Email: _____ Age on Race Day: _____ Birth Date: _____ Sex: _____

T-Shirt Size (Adult): S M L XL Ashburn Village Resident* Non-Resident

T-Shirt Size (Child): S M L

Selected Race: 5K 10K Fun Run

*Ashburn Village Residents must present their Sports Pavilion membership card or picture ID at check-in.

PARENT SIGNATURE IF UNDER 18: _____

Detach and mail along with payment or stop in at the Pavilion.

