



November 2009

pool schedule

SUN MON TUES WED THURS FRI SAT

am

pm

7:30-8:30am 3 Laps 3 Open	5:00-8:00am 5 Swim Team 1 Lap	5:00-8:00am 4 Swim Team 2 Lap	5:00-8:00 am 5 Swim Team 1 Lap	5:00-8:00am 4 Swim Team 2 Lap	5:00-9:15am 5 Swim Team 1 Lap	7:30-10:30am 4 Swim Team 1 Lap 1 Swim Lesson
8:30-4:00pm 3 Lap 3 Open	7:30-9:15am 3 Lap 2 Open 1 Swim Lesson	7:30-10:30am 3 Lap 2 Open 1 Swim Lesson	7:03-9:15am 3 Lap 2 Open 1 Swim Lesson	7:30-10:30am 3 Lap 2 Open 1 Swim Lesson	9:15am-10:15 3 Aqua Aerobics 2 lap 1 Open	10:30-11:30am 3 Swim Team 2 Aqua Aerobics 1 Open
4:00pm-6:00pm 3 Lap 3 Open	9:15-10:15am 3 Aqua Aerobics 1 Lap 1 Open 1 Swim Lesson	10:30-11:30am 3 Senior Aqua 1 Lap 1 Open 1 Swim Lessons	9:15-10:15am 3 Aqua Aerobics 1 Lap 1 Open 1 Swim Lesson	10:30-11:30am 3 Senior Aqua 1 Lap 1 Open 1 Swim Lessons	10:15am-2:00pm 3 Lap 3 Open	11:30-1:15pm 3 Lap 1 Open
6:00pm-7:30pm 3 Deep Water 1 Lap 1 Open	10:15-12:30pm 3 Lap 2 Open 1 Swim Lessons	11:30-12:30pm 3 Lap 2 Open 1 Swim Lessons	10:15-12:30pm 3 Lap 2 Open 1 Swim Lesson	11:30-12:30pm 3 Lap 2 Open 1 Swim Lesson	2:00-3:00pm 3 Lap 3 Open	12:30-1:15pm 3 Lap 3 Open
	12:30-3:00pm 2 Lap 2 Open 2 Swim Lessons	12:30-3:00pm 2 Lap 2 Open 2 Swim Lessons	12:30-3:00pm 3 Swim Team 1 Lap 2 Open	12:30-3:00pm 2 Lap 2 Open 2 Swim Lessons	3:00-4:00pm 3 Swim Team 1 Lap 2 Open	1:15-7:30pm 3 Lap 2 Open
	3:00-4:00pm 3 Swim Team 1 Lap 1 Open 1 Swim Lesson	3:00-4:00pm 3 Swim Team 1 Lap 2 Swim Lessons	3:00-4:00pm 3 Swim Team 1 Lap 1 Open 1 Swim Lesson	3:00-4:00pm 3 Swim Team 1 Lap 2 Swim Lessons	4:00-5:15pm 4 Swim Team 1 Lap 1 Open	
	4:00-8:30pm 4 Swim Team 1 Lap 1 Open	4:00-6:15pm 4 Swim Team 1 Open 1 Swim Lessons	4:00-8:30pm 4 Swim Team 1 Lap 1 Open	4:00-6:15pm 4 Swim Team 1 Open 1 Swim Lessons	5:15-6:45pm 4 Swim Team 2 Lap	
	8:30-9:30pm 3 Lap 3 Open	6:15-7:45pm 2 Swim Team 1 Lap 1 Open 2 Swim Lessons	8:30-9:30pm 3 Lap 3 Open	6:15-7:45pm 2 Swim Team 1 Lap 1 Open 2 Swim Lessons	6:45-9:30pm 3 Lap 3 Open	
		7:45-8:45pm 4 Swim team 1 Open 1 Swim Lessons		7:45-8:45pm 4 Swim Team 1 Open 1 Swim Lessons		
		8:45-9:30 3 Lap 3 Open		8:45-9:30 3 Lap 3 Open		

Indoor Pool Hours:

Monday-Friday
5:00am - 9:30pm

Saturday
7:30am - 7:30pm

Sunday
7:30am - 7:30pm

AVSP