



# November 2009

# gym schedule

**SUN MON TUES WED THURS FRI SAT**

am

pm

	5:00-6:00am Boot Camp \$\$ <i>Session 1 meets Mon., Wed. &amp; Fri. @ 5:30-6:30 am</i>	5:00-6:00am Boot Camp \$\$ <i>Session 2 meets Tue., &amp; Thur. @ 5:30 am &amp; Sat @ 7:00 am</i>	5:00-6:00am Boot Camp \$\$ <i>Session 1 meets Mon., Wed. &amp; Fri. @ 5:30-6:30 am</i>	5:00-6:00am Boot Camp \$\$ <i>Session 2 meets Tue., &amp; Thur. @ 5:30 am &amp; Sat @ 7:00 am</i>	5:00-6:00am Boot Camp \$\$ <i>Session 1 meets Mon., Wed. &amp; Fri. @ 5:30-6:30 am</i>	7:00-8:00am Boot Camp \$\$ <i>Session 2 meets Tue., &amp; Thur. @ 5:30 am &amp; Sat @ 7:00 am</i>
	6:00-7:00am BB-Adult Full Court	6:00-7:00am BB-OPEN	6:00-7:00am BB-Adult Full Court	6:00-7:00am BB-OPEN	6:00-7:00am BB-Adult Full Court	
7:00-11:00pm BB-OPEN	7:00-11:00am BB-OPEN	7:00-11:00am BB-OPEN	7:00-11:00am BB-OPEN	7:00-11:00am BB-OPEN	7:00-11:00am BB-OPEN	8:00-11:00am BB-Adult Full Court
11:00-3:00pm BB-Teen	11:00-12:00pm ½ Kindergarten ½ BB-OPEN	11:00-12:00pm ½ Kindergarten ½ BB-OPEN	11:00-12:00pm ½ Kindergarten ½ BB-OPEN	11:00-12:00pm ½ Kindergarten ½ BB-OPEN	11:00-12:00pm ½ Kindergarten ½ BB-OPEN	11:00-3:00pm BB-OPEN
3:00-5:00pm ½ Volleyball ½ BB-OPEN	12:00-3:00pm BB-OPEN	12:00-1:30pm BB-OPEN	12:00-2:00pm BB-OPEN	12:00-3:00pm BB-OPEN	12:00-3:00pm BB-OPEN	3:00-5:00pm ½ Volleyball ½ BB-OPEN
5:00-7:00pm BB-OPEN	3:00-4:00 pm ASAP	1:30-3:30pm ASAP	2:00-4:00pm ASAP	3:00-4:00pm ASAP	3:00-5:00pm BB-OPEN	5:00-7:00pm BB-OPEN
7:00-8:00pm BB-OPEN	4:00-6:00pm ½ ASAP ½ BWST	3:30-6:30pm ½ ASAP ½ BWST	4:00-6:00pm ½ ASAP ½ BWST	4:00-6:00pm ½ ASAP ½ BB-OPEN	5:00-7:00pm BB-OPEN	7:00-8:00pm Adult Futsal Full Court
	6:00-7:00pm BB-Teen Full Court	6:30-8:00pm BB-OPEN	6:00-8:00pm BB-Teen Full Court	6:00-7:00pm ½ BWST ½ BB-OPEN	6:00-8:00pm ½ Volleyball ½ BB-OPEN	
	7:00-10:00pm BB-Adult Full Court	8:00-10:00pm Adult Futsal Full Court	8:00-9:30pm ½ Volleyball ½ BB Open	7:00 - 10:00pm BB- Adult Full Court	8:00-10:00pm BB-OPEN	

**Gymnasium Hours:**

Monday-Friday  
5:00am - 10:00pm

Saturday  
7:00am - 8:00pm

Sunday  
7:00am - 8:00pm

BB-OPEN  
1/2 BB-OPEN  
BB-ADULT FULL COURT  
BB-TEEN FULL COURT  
BOOT CAMP

*Basketball*  
*Basketball on 1/2 Court (Curtain Down): No Full Court Play*  
*Basketball for players 18+ years*  
*Basketball for players 12-17 years*  
*Fee Based Program, Sign Up at Front Desk*

VOLLEYBALL  
ASAP  
BWST  
ADULT FUSTAL

*Open Play*  
*After School Activities Program*  
*Blue Wave Swim Team*  
*Adult Indoor Soccer*

**AVSP**